

# CLEAN HOME

## *Happy Home*

### *Monday*

#### Bedroom Day

- change sheets
- dust and polish furniture
- clean mirrors
- clean fan
- sweep/vacuum floors
- declutter 10 minutes
- Laundry: sheets

### *Tuesday*

#### Bathroom Day

- clean shower and toilet
- clean sink, counter, and faucet
- clean mirror
- sweep and mop floors
- restock toiletries
- change towels
- Laundry: towels

### *Wednesday*

#### Living Room Day

- dust and polish furniture
- clean tv
- freshen fabrics (febreeze)
- sweep/vacuum floors
- declutter 10 minutes
- Laundry: darks

### *Thursday*

#### Kitchen Day

- clean out refrigerator
- clean counters
- clean table and chairs
- sweep and mop floors
- take out trash
- Laundry: lights

### *Friday*

#### Alternate

- week 1: appliances
- week 2: kitchen cabinets
- week 3: windows and blinds
- week 4: walls and baseboards
- Laundry: whites

### *Saturday*

#### Outside

- clean out car
- sweep off steps
- yard work
- Laundry: catch up